

ENERGY FACILITATION TRAINING PROGRAM

BARBARA
BLUM 
energy conduit
spiritual mentor

The art and skill of
energetic
transmission
through the path of
grace



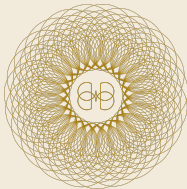
“Your purpose is not the thing you do, it is the thing that happens in others when you do what you do.”

THE CALLING

Every human on the planet is a receiver and transmitter of energy. Much of the time we are engaging in this energy exchange unconsciously, but for those of us on the spiritual path, we eventually begin to gain an understanding of this innate process and learn to use it more intentionally.

It is my desire to create a learning space and a particular framework for you to begin to understand this process and utilize it in the way that best suits not only your personal evolution, but the health and well being of those around you as well as the entire collective of human consciousness.

This does not mean you need to actively pursue facilitation as a career, but rather, by understanding this energetic communication, you will inherently increase your sensitivity and the impact you have on the world around you.



I am not here to create a brand or any set of rules that confine your capacity. Rather, my wish for anyone interested in this work, is that you find YOUR unique expression of energy transmission that comes from a purity and integrity in your heart, regardless of how you integrate this work into your life.

This training is for your spiritual expansion as a human in service to your divine mission of awakening.

THE ENERGIES

We are all vessels of energy. At its essence, energy is fluid, pliable and malleable. It is everywhere and manifests all things, yet it is also completely amorphous and holds no consistent form. Energy is in a perpetual state of flux and evolution.

So while the energies I have received and now transmit have formed their unique frequency and manifestation as ordained by my soul-plan and the construct of my human vessel, so too will you create an energetic frequency unique unto you.

That being said, it is helpful to conceptualize the energies I transmit as I understand them, since you will be receiving them.

Light Body Activation is my main transmission and the energetic container we will be working with.



LIGHT BODY *Activation*

Your Light Body is your spiritual essence, the part of you that encompasses your higher, divine self while housed in human form. It is the entire aspect of your energetic-spiritual construct, including your chakra system, merkaba, auric field and kundalini.

My Light Body Activation is a two-fold energetic channeling from higher-realm guides. This process first activates your energetic system through the flow of cosmic life-force energy, which then opens you to better receive divine assistance in the illumination and light-encoding of your etheric system, translating into a powerful upgrade to your entire human mechanism.

IS THIS TRAINING FOR YOU?

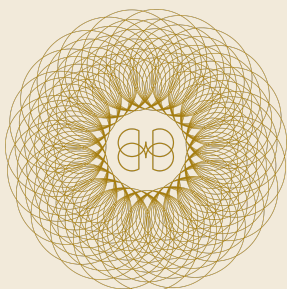
There are countless reasons why people feel called to this work. This training is for you if:

- You see yourself moving down the path of facilitating for the benefit of others
- You already work with some sort of healing modality and want to embellish those skills
- You see the foundation of energy healing fitting into some other aspect of your life
- You simply want to go deeper into your own exploration of energy and your own evolutionary process
- You're unsure how this will be integrated into your life, but know you feel a pull towards pursuing it

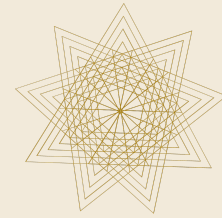


This work will have an impact on every part of your life and will deepen your spiritual path significantly.

As you step into a deeper awareness of self, you will naturally find your own expression of the creative life force that flows through you.



COURSE OUTLINE



Your Own Immersion Into the Energies

We will begin and intersperse the training by diving deep into your own energetic activation, opening your system and fine-tuning your perceptive abilities with the intention of helping you tap into a deeper awareness and recognition of the ways in which energy is already moving through you as a vessel.

Understanding the Mechanics of Energy

We will learn the basic principles of the human energetic system and look at the myriad of ways in which the energetic system and our conscious engagement with it is embedded in all aspects of life.

Practicing Your Own Ability to Transmit

We will begin practicing and continue to build upon the art and skill of actual facilitation in a number of different ways. You will learn to find your own style and recognize what is asking to flow through you naturally, and you will begin to utilize your deepening awareness and strong intention to share and direct this naturally expanding field of energy with others.

How to Create and Hold Space

Holding a safe container for others as they go through their process is imperative. Here we will learn valuable ways in which we can create a safe space for others to process, release and express what needs to be seen.

Understanding Trauma and the Shadow as it Arises

We will learn to recognize that part of healing means old trauma rising to the surface, and deep shadows asking to be seen. We will bring a trauma-informed lens to this work.

Setting a Foundation for Your Evolution as a Facilitator

Your work as a facilitator means digging ever-deeper into your own path toward wholeness. We will discuss the importance of ongoing inner work, finding and holding boundaries - energetic and otherwise, and a number of other ways to keep yourself as pure and clear of a vessel as possible.

Formal Online Follow Up Support

Post-training group meetings for energetic maintenance, questions & answers, and general support.

WHERE WE'LL BE

SAN MIGUEL de ALLENDE ~ There's something undeniably magnetic about SMA – a place where color, history, and spirit seem to converge in quiet harmony. Beyond its cobblestone streets and golden light, many believe the town rests upon vast beds of crystal, amplifying an energy that gently stirs the heart and awakens the senses. Artists, seekers, and wanderers alike often speak of an unnameable presence here—something ancient yet alive—that invites reflection, inspiration, and a subtle remembering of something deeper within.



CASA SHALA ~ This studio will be the physical container for our time together. Located atop one of the many lush hillsides of SMA and overlooking the beauty of the city and its greenery, this sanctuary space will hold us during our deep exploration of what it means to be in service..

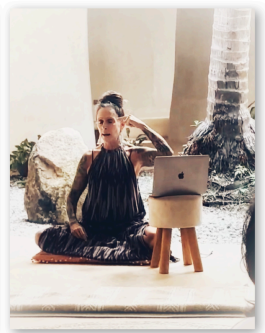
Casa Shala also has an organic, holistic cafe where food can be purchased during our breaks, allowing us to eat in a way that deeply nourishes our body and supports our work.



SCHEDULE OVERVIEW

(subject to change)

- | | |
|-------|---|
| Day 1 | 11-2 & 3-6
Course overview
Receiving the energies
In-depth discussion topic |
| Day 2 | 11-2 & 3-6
Personal practices
In-depth discussion topic
Receiving the energies |
| Day 3 | 11-2 & 3-6
Receiving the energies
Practicing transmission
In-depth discussion topic
Practicing transmission |
| Day 4 | 11-2 & 3-6
Receiving the energies
Practicing transmission
In-depth discussion topic
Practicing transmission |
| Day 5 | 10-1 & 3-5
Receiving the energies
Final Public Group transmission
Closing Ceremony & Final discussion |



REQUIREMENTS

·Acceptance is based solely upon the number of spots available. If all spaces fill, you will be notified and put on a waitlist and/or given priority for an upcoming training.

·It should be stated that for those wishing to actively facilitate, a certain degree of energetic sensitivity is required. While there is no specific gauge for sensitivity, you must understand that the energy you transmit will only be as powerful as your capacity to receive with purity. Everyone has the ability to increase their capacity for receptivity by continuing their own inner work.

·It is highly advised that you have had a minimum of 5 sessions with me prior to the training, whether in-person or online, in order to assess your resonance and sensitivity to my transmission.

·Your full participation in this training is required by being fully present for all sessions - physically, mentally and emotionally. If a situation arises where this capacity comes into question, you commit to communicating with me so we can move through any resistance together.



·Upon acceptance, your full payment is required within 3 days of notification in order to hold your space.

·Due to travel logistics and transportation schedules, you will be required to arrive at the destination 1 day prior to the start of the training in order to avoid any travel complications that would impede you from being present for the beginning of the course. Integration time afterward is also highly recommended before returning home.

·You are required to arrive with a clean, clear physical vessel, free from any drugs or alcohol in your system (with the exception of required prescription medications) for at least one week. All plant medicines require a minimum of at least two weeks, possibly longer, to be cleared from your system before arrival. This is for your safety and well-being as well as the integrity of the container.

·You will be asked to sign a Waiver & Terms of Agreement. If you'd like to read through it beforehand, it [can be accessed here.](#)

ABOUT BARBARA



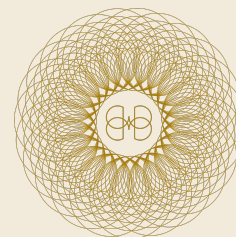
Barbara Blum is an energy conduit and spiritual mentor, specializing in moving cosmic life-force energy and transmitting higher states of consciousness. She has been dedicatedly refining her gift of transmission for the since 2019 through work with countless mentors, guides and channels.

Her work with celestial energies is accessed through her connection to the Elohim and the Angelic Realms. Barbara's initiation into facilitating this transmission was through world-renowned channel Asil Toksal and remains an ongoing, ever-deepening process of expansion.

Decades of embodied yogic practices and studies of the energy system through the yogic lens brought a personal, experiential understanding of how the human energetic system operates. As a former Level 2 KAP (Kundalini Activation Process) Facilitator, she was indoctrinated into kundalini transmissions through Venant Wong in 2019, and this work became the bridge from personal awakening to assisting in the awakening of others.

During this committed pursuit to spiritual advancement, Barbara has accrued a vast background of esoteric knowledge complimented by real-world experience. Well versed in both the traditional teachings of India as well as that of the modern mystics, she brings a well-rounded approach to this path of awakening.

This work is intended not just to awaken and heal the individual but to assist in the healing of the collective and the ascension of humanity.

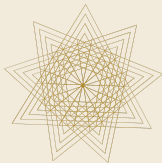


COST

\$3800
5-day training

Pricing is for the training only and does not include travel to or from the destination, lodging or food.

A limited number of partial scholarships are available on a first-request basis.



APPLICATION

Do you feel the inner call?

TO APPLY please click the photo below, where you will be guided to the registration questionnaire. After completing the form and upon acceptance, full payment is due within three days.

Please note: There is a \$50 application fee which will be credited toward the balance due. If registration is not completed by making full payment, the application fee becomes non-refundable.

It would be an honor to take this journey with you!



Thank you for your interest in my work. Wherever your path leads you, I wish you all the love, clarity and courage required for you to find the fullest expression of your most authentic self, so you may bring all of your innate, undiscovered gifts out into the world.

Barbara Blum
barbarablum.com